



## **PERSONAL INFORMATION**

**MANTAS MAULĖ**

Birth date: 1999-09-15

Email: [mantas.maule@gmail.com](mailto:mantas.maule@gmail.com)

Phone number: +37067928816

## **BIO**

A Masters degree student in the field of Training Systems in VDU university, I bring over 14 years of experience as a semi-professional badminton player and 6+ years as a dedicated badminton coach. Currently, I am employed at the "Kstutis Navickas Badminton Academy" as a badminton coach, where I have played a key role in developing training programs tailored for both elite and amateur players. Additionally, I have successfully coached numerous youth players, fostering their skills and passion for the sport.

## **EXPERIENCE**

- 14+ years of experience as a semi professional badminton player.
- 6+ years of experience as a badminton coach
- Multiple winner of National Lithuanian tournaments in different categories.
- Participant of multiple international tournaments
- 

## **EDUCATION**

- VDU Bachelor degree in in the field of personal trainer / healthy lifestyle
- Completed Level 1 BWF Coach training (2019-08-31)
- Completed Level 2 BWF Coach course training (2021-07-04)
- Completed Level 3 BWF Coach course training (2022-12-14)
- Third edition of Badminton Europe ADVANCE coach education participant (2025)

## **Completed multiple sport seminars:**

- "Sport and peace – overcoming challenges" seminar (2019-11-13)
- "Battle ropes" training seminar (2020-01-19)
- "Full body training with elastic bands" training seminar (2020-01-25)
- "Gen Z and Y youth psychology. Main coaching points" seminar (2020-04-08)
- Olympic Solidarity program for development of national sport system participant
- Olympic Solidarity program Technical seminars for coaches participant