

To: Badminton Europe Members

Brøndby, 5 December 2022

## REFERENCE

Center of Excellence (CoE) – Women's Singles (WS) Training Camp

Dear Members,

Badminton Europe is pleased to invite 15 WS players to a training camp at the CoE, located in Holbæk, Denmark, from 16-20 January 2023.

The goal of the camp is to support the development of the players by providing them with different trainings and sparring partners. The main focus of the training week will be on playing matches and doing game exercises, as well as to continue with their individual preparation for the tournaments. The invited players along with the CoE - WS players will be part of this training camp.

The coaches team made up of Jeroen Van Dijk (CoE Head Coach), Dennis Christensen (CoE Coach) and Maxime Moreels (Former CoE player and CoE Coach) will be leading the training camp.

# 1. Invited Players

A maximum of 15 women's singles players based in Europe will be invited to this experience. European Members have to confirm the players' attendance by replying to this email.

Please, see the list of invited players below:

Petra Maixnerová	Czech Republic
Lucie Krulová	Czech Republic
Sharleen van Coppenolle	Czech Republic
Anna kupca	Latvia
Jekaterina Romanova	Latvia
Johanka Ivanovicova	Slovakia
Lea Vybochova	Slovakia
Nina Bogdanovic	Serbia
Sofia Lavrova	Ukraine
Marija Sudimac	Serbia
Jorune Salnaite	Lithuania
Jogaile Keleciute	Lithuania
Elen Tiraturyan	Armenia
Heli Neiman	Israel
Kim Schmidt	Luxembourg



If the invited players are unable to attend, other players will be invited.

Deadline to confirm the participation is Monday, 12 December 2022 at 10:00am CET.

## 2. Programme and Schedule

The training camp will be hosted from 16-20 January 2023 with the following schedule:

Arrival Day 1 - 15 January 2023

- Arrival time: No later than 21:00h
- Arrival Day 2 16 January 2023 (for players partaking at the Estonian International)
  - Arrival time: No later than 21:00h
- CoE Address Holbæk Sportsby, Sports Allé 1, 4300 Holbæk

# Training sessions:

- Monday 16 January 2023
  08:00 10:30 Badminton
  14:00 16:00 weight training (own program)
- Tuesday 17 January 2023
  08:00 10:30 Badminton
  14:00 16:00 Badminton (technique)
- Wednesday 18 January 2023
  08:00 10:30 Badminton
  14:00 16:00 weight training (own program)
- Thursday 19 January 2023
  08:00 10:30 Badminton
  14:00 16:00 Badminton (technique)
- Friday 20 January 2023 08:00 – 10:30 Badminton 12:30 – Departure according to flights
  - \* The training programme might slightly change based on the number of players attending.

#### 3. Logistics

#### Accommodation and full training service

BEC will cover the following services:

- Accommodation in single/twin rooms from 15 January to 19 January 2023 included.
- Free access to the gym.
- Free access to sauna and swimming pool.
- 9 training sessions with highly qualified and experienced coaches.



**Meals and transport costs** for the participants will not be covered by Badminton Europe. These costs must be covered by Members or participants.

\*Breakfast, lunch and dinner can be purchased at the CoE Restaurant.

\*The service at the restaurant will be available from 7:30h – 19:00h.

Participants have to arrange their own transport from Copenhagen Airport to the CoE. CoE guidelines with further information are attached to this email.

# Airport

Copenhagen International Airport (Lufthavnsboulevarden 6, 2770 Kastrup).

Please do not make any travel arrangements before receiving confirmation from Badminton Europe. Additional details will be communicated shortly.

For any further questions, please contact Mari Carmen Casermeiro (BEC Development and High-Performance Officer) at <u>maricarmen.casermeiro@badmintoneurope.com</u>

As per decisions made by the BEC Board of Directors any Federation currently declared not in Good Standing, shall not be eligible to receive funding from BEC nor enter to any activity organized or sanctioned by BEC.

Kind regards,

Emma Zwiebler Chair of the Development Committee

Mari Carmen Casermeiro BEC Development and High Performance Officer